



Anti-Doping Policy

Our club is committed to making our sport a clean sport environment. We therefore fully subscribe to British Triathlon's Clean Sport Commitment. In summary:

- The British Triathlon Federation supports the mission of UKAD and WADA in achieving Clean Sport
- All athletes are expected to play, train and compete in line with the spirit of sport including the Anti-Doping Rules
- All coaches and athlete support personnel are expected to perform their role in line with the spirit of sport, including the Anti-Doping Rules
- 4T is committed to supporting the prevention of doping behaviour in the UK in collaboration with other sporting bodies
- The 4T committee and its coaches will not condone, assist, or in any way support the use of prohibited substances and methods (unless permitted by a Therapeutic Use Exemption) in any aspects of their work
- Breaches of this, or any rules/policies referred to in British Triathlon's own code of practice/conduct, will be acted upon accordingly
- The 4T committee and its coaches will be expected to contact UKAD should they become aware of an athlete or a member of a National Governing Body using or considering the usage of a prohibited substance or prohibited method. This contact should be done in confidence on the dedicated confidential Report Doping in Sport line
- 4T will uphold any sanctions placed upon an athlete by UK Anti-Doping or other associated body in accordance with the World Anti-Doping Code

Visit <https://www.ukad.org.uk/> and <https://www.wada-ama.org/en> for further details, if required.